



The 3 Secret Habits of Outrageously Successful Students

How to Hack Your
College Education,
Travel the World and
Start Changing the World

By Anita Wing Lee



Hi, I'm Anita.

I'm an adventurer, changemaker and career coach. I help ambitious students and young changemakers, like yourself, get into the best universities and launch a career you're *passionate* about. This isn't just about going to school to land a decent job. I work with millennials who want to make a massive impact on the world while doing something they believe in and love.

During my years in university, I did a couple of things differently that enabled me to land back-to-back internships where I go to travel the world for almost three entire summers, **while getting paid for it.**

When I developed these three habits and started using them (after two uneventful years of undergrad), my university career took off. I started landing my dream internships, doing research with my school's best professors. I got to travel to 21 countries, connect with bright young leaders around the world and expand my horizons (literally, that's me with an endless horizon in Arizona). I won awards at international conferences and received nearly \$30,000 in grants, and scholarships.

I learned that you don't have to be especially lucky or rich to accomplish your biggest dreams. You just need to start thinking for yourself and taking inspired action.

I'm here to help you, young leader, start your career the right way.

Please, take my secrets and use them to create your own success. And be sure let me know how it goes. I can't wait to hear your success story!

Just Love,

Anita



ANITA Wing LEE



A Word Of Caution...

The things I share with you below are controversial and some professors and teachers might not agree with them. But my philosophy is to be fully transparent and share the actions that make a lasting difference, especially when your first starting out.

I'm here to help you launch your true dream career and be outrageously successful on your terms. You don't become truly successful by following all the rules. It would be ridiculous of me to keep these secrets from you just because certain people won't like it.

The truth is, these habits take time and thoughtful effort. They're not for everyone. If you're determined to follow all the rules set up by institutions, focus on getting good grades and hope for a job, I suggest you stop reading now...

If you're still here... I assume you're ready to take action. This is for the Passionate. The Dreamers. The Mavericks. The Visionaries. The Rebels. The Leaders. The World-Changers.

Here we go!

ANITA *Wing* LEE



Habit #1

Show up to the right things

If there's a college class that you don't need to attend, DON'T GO. It took me a while to realize that class can be a waste of time and when I finally did, I stopped attending the unimportant classes and used that time to pursue my dreams.

Figure out the "skip" rate for each course you're enrolled in. If the attendance policy says you can only miss up to 25% of classes or you won't be able to write the exam, consider that permission to skip 25% of classes! (You might need some of these skips during an emergency, so plan accordingly. Spread your skips through the semester.)

I suggest you be respectful and actually tell your professors when you'll be away. You might need your professor's support down the line so don't be irresponsible about skipping class.

Now, you're not skipping to sleep in. Find something even more valuable to do with that time instead.

Find speaker events, conferences and club events to attend. Join associations and start networking. Use that time to take solid action to bring yourself closer to your dream internship or job. (I cover these actions in Habit #2 and #3)

Insider tip: What's it worth?

You don't have to do assignments that are really stupid (like journal entries worth 5%). Consider how long an assignment might take you and resolve to spend as little time on each assignment as possible.

I was amazed to discover that when I purposely spent less time on assignments, I got about the same grades anyway. Whenever I spent more time trying to perfect something, I'd end up getting the same grade and being disappointed that I wasted my time.

Work smarter, not harder. Your time in university is best spent outside of the classroom. Do your work in short, focused spurts and you'll discover new chunks of time to start Habits #2 and #3.

ANITA Wing LEE

Habit #2:

Find Your Flock

Fill your life with people who will lift you higher and who give you wings. These people have similar goals and they want to work with you if you demonstrate passion and commitment.

There's two parts to this. Step 1) Find people who inspire you. Step 2) Find ways to hang out with them and become genuine friends. The difference between exceptional students and average students is the people they hang out with.

The beauty of being a student is that your social circle will shift and expand with the classes you take and the clubs you join. Use the natural cycles in school to surround yourself with new, exciting people. This isn't about ditching your current friends, but you need to take initiative to connect yourself with people who are doing what you want to be doing.

Genuinely connect with these big-hearted leaders, entrepreneurs, CEO's and teachers and you'll turn them into supporters and mentors. You can tell when someone is big-hearted by how much they believe in their own dreams. You want to find people who are going for gold.

To all the other dreamers out there, don't ever stop or let the world's negativity disenchant you or your spirit. If you surround yourself with love and the right people, anything is possible.

— Adam Green

Insider tip: How to find a global flock

I'm always hearing from students that they want to travel. Why do you want to travel? To meet new, awesome people! Well, there are plenty of rising stars around you, but you have to get out there and find them.

I became an exchange student peer guide to meet people from all over the world. I got all of my travel internships by talking to people and demonstrating my passion. I found people who were open-minded, smart, kind and brave and I know you will too.

ANITA Wing LEE

Habit #3: Be Priceless



I wish someone had told me this sooner, but since no one did, I'm gonna give you a head start. Don't just stuff your brain with knowledge. The skills you're developing in university are 99.9% useless. Writing essays? Studying for midterms? Taking notes in boring lectures? Asking stupid questions so that you can get participation points? Useless.

You're learning all the wrong things by sitting in class with your head down. Stop following all the rules.

The skills that will make you money in the long term are things like project management, communications, team building and strategic leadership. Get involved in activities outside of school that allow you to develop these skills. Show up to the events and then volunteer to be a leader.

People at the top can recognize up-and-coming talent and they want to hire that talent. You get recognized by doing things to help them out. When you meet leaders, ask yourself:

How can I help her/him? What skills do I have that I can contribute?

Then go out of your way to do something helpful for the person. Uh oh, got an essay to write for class instead? This is what I meant about Habit #1: Show up, but only to the right things. Be a stickler about where you put your time.

Insider tip: How to get paid

When a company pays you, it's because you're doing something to move the mission of the organization forward. I landed my most memorable travel internships by going out of my way to help out a few specific professors. I proved that I was serious by volunteering my time and when a paid position came up, guess who got the job?

Remember, the more energy you put into activities outside of the class (and unrelated to marks), the better off you'll be when it's time to find for an internship or job.

ANITA Wing LEE

What's Next?

Choose one of these habits and jot down ideas for what you can do differently. Turn these actions into habits and trust me, you won't have any issues creating your own success

Then come on over to my Facebook page and tell me how it's going.

[Comment on Facebook here >>](#)

[Tweet me @anitawinglee >>](#)

Loved this guide and want to share it?

Don't keep this e-guide a secret! I would LOVE for you to share it with all your friends on Facebook and Twitter. After all, wouldn't it be great if you could do amazing internships around the world with your best friends?

You can even share it with your parents to explain why you're doing things differently.

I'm on a mission to help millions of young adults to take charge of their careers. Why? Inspired youth

Tweet or Post this to Facebook:

Just learned the 3 Secret Habits of Outrageously Successful Students!
Get it here via @anitawinglee: www.anitawinglee.com

who can make a living doing what they're passionate about will change the world.

You in?

Want me to help you get into your dream school and land kick-butt internships or jobs?

Log onto www.anitawinglee.com to get free resources and see if you're a good fit for my private mentorship programs. [Join my mailing list](#) to find out when enrolment for my next group program opens.

I'd love for you to be my next success story!

ANITA *Winglee* LEE

About Anita Wing Lee

Anita Wing Lee is a career consultant, award-winning speaker, and communications coach. She helps ambitious students and young adults successfully land meaningful, fulfilling and exhilarating internships and jobs in all industries.

Anita has been following her passion for over a decade and knows what it takes to for modern youth to succeed.

Anita holds a business degree from Richard Ivey School of Business, Canada's top business school and a bachelor's degree in Media, Information and Technoculture from Western University.

While a college student, she worked in over 21 countries and started up a social enterprise to help people living with HIV/AIDS in Rwanda, before dedicating herself to helping millennials and Gen Y score top-notch internships that inspire and empower them to launch careers that matter.

Anita has coached over 100+ young entrepreneurs on three continents to launch their own businesses and regularly gives workshops to help inspire the next generation.



She is currently based out of Toronto and travels frequently to speak, lead coaching programs and train young global changemakers.

Connect with her [at her digital home and get on her mailing list](#) for weekly inspiration and join in on her next live training session.

Contact Anita:

[facebook page](#)

twitter: [@anitawinglee](#)

www.AnitaWingLee.com

ANITA *Wing* LEE